

## Spectrum Differences as Part of Our Current World in Transition

Perhaps in 2018 and 2019, the political turmoil in the United States, but also around the world, brings our attention most clearly to the great and grave environmental, economic and humanitarian challenges we face. These did not just arrive suddenly, of course; they have been a long time coming.

There was a time not too long ago in protected areas, where **much more** of the full human brain was used, in balance; where there were fewer people and a closer life to the land. **Our brain has functioning abilities** that afforded those humans a knowledge of the **importance of their connection** to the land which provided for them, and their connection to other people, also needed for a successful life. **Additionally, the more shaping part of the brain**, the product and application part, was also used to create living together with tools, and balanced practices for food, shelter, and other needs.

**As populations grew**, more was needed to support communities, and great challenges arose as to how to deal with more people with less direct access to the land and each other, interactively. ***Right at that point, there was a shift in focus from the feeling/sensing/knowing connective part of our brain (our right brain and deep heart functions) to the not-so-much-connective, but quantifying, calculating, and stratified aspects of thinking (the left brain).*** With the growth of populations, this was a natural occurrence.

The thinking and innovation to provide for larger and larger numbers of people led to the very fast success of the Industrial Revolution, which brought greater fulfillment of needs at a crucial time, but distanced people from their connective relationship with the land and each other more and more.

Schools and training facilities were based on the model of the industrial warehouse: people in rows performing what was needed, up-to-date with facts and procedures, to keep abreast of what was being created to meet needs, and then even pleasures.

Nearly 300 years ago now, that left-brain directional focus has only continued, for that which brings progress feeds back on the desire for more satisfying experiences and solutions. However, this has come at the great cost of our connection to the land and to that essential acknowledgement of the needs, and the ways of being that connect people to each other.

**The purpose of this paper and this website is to bring attention to the return of heart and brain connective knowing that has been arriving increasingly fast in our world, along with a great impetus to return to a balanced use of our brain.**

This has and is coming with the **increase in numbers of spectrum individuals** (those with ADD, Attention Deficit Disorder; ADHD, Attention Hyperactive Deficit Disorder; dyslexia; Asperger's Syndrome; and autism) **who are here now *hard-wired* with connective heart and brain functioning.** **They in fact, lack a left brain linear filter** with which to function in this overly left brain-linear differentiating and separating world that we find ourselves in; they also having very sensitive nervous systems which react to all that is now imbalanced in our

environment. In this way, they are arriving as **the canaries in the coal mine**, to be reckoned with and understood, due to their differences; life signaling to us our need to regain the balance of both the connective and shaping/application knowledges that we have.

Our world is now nearly virtual: apps and bites, all tech based on left-brain, binary 1's and 0's, less connected physically to this Earth and each other and more attached to screens.

We are at the height of the separation that occurs as we have left the connective and interactive realms that belong to the right brain and heart, and we can feel it in our lives and see it in the overall destitute state of our world. Left to these same processes, we will drive to the edge of the cliff as did the lemmings.

**However, a turn is occurring** as we have seen the turmoil, alienation, and destruction that is happening, and continue to see inherent values that connect us with care and concern for each other and the planet disintegrating.

This is all about humanity reclaiming the connective and shaping abilities of our entire intelligences, the right/heart brain and our left brain working together, in creative inspired balance and harmony for the betterment of everything. **Spectrum individuals are here signaling the way.**